

Laser EUROPA CUP Trophy 2019

Laser, Laser Radial & Laser 4.7 Classes

31.05 -02.06 2019



SAILING INSTRUCTIONS

UPDATED 29 th of May

CO-ORDINATING AUTHORITY

EurILCA: the International Laser Class Association (ILCA)
European Region, www.eurilca.org e.mail
entryeurilca@gmail.com

1. RULES

- 1.1. The regatta will be governed by the *rules* as defined in the Racing Rules of Sailing.
- 1.2. No national authority prescriptions will apply.
- 1.3. The Laser class rule 7(a) is restricted as follows: Only one person shall be on board whilst racing. The person shall be named on the entry form.
- 1.4. If there is a conflict between languages the English text will take preference.
- 1.5. Races will be started with no less than 5 knots wind
- 1.6. RRS Appendix P, Special Procedures for RRS 42, will apply. See SI 15.1

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located on the Club house near the food area
- 2.2. Coach meeting will be held the first day of racing at 08:45 outside race office
- 2.3. Briefing for safety boats be held the first day of racing at 8:45 outside the Club house

3. CHANGES IN SAILING INSTRUCTIONS

- 3.1. Any changes to the Sailing Instructions will be posted before 09:00 on the day it will take effect.
- 3.2. The scheduled time of the races for each day shall be specified in a notice posted by 21:00 on the day before it will take effect.
- 3.3. Any reassignment of events or fleets to course areas will be posted before 09:00. on the day it will take effect, or if flag "AP" is displayed ashore, 30 minutes before flag "AP" for that class or fleet is removed.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed on the signal mast near the Club house/food area. .
- 4.2. When flag "AP" is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in RRS race signal, This changes RRS Race Signals "AP".
- 4.3. When flag "AP over H" is displayed ashore, boats shall not leave the harbour. This changes RRS Race Signals "AP over H".
- 4.4. [NP][DP] Flag "W" displayed ashore with one sound means 'The warning signal will be made not less than 60 minutes after flag "W" is displayed. Boats shall not be launched from ramp until this signal is made.

5. BOATS AND EQUIPMENT

- 5.1 In the event of damage, boats and equipment may only be substituted with the written permission of the technical committee, international jury or race committee.
If the damage occurs later than 90 minutes before the first scheduled start on a racing day and before the start of the last race of the day, provisional verbal permission shall be obtained from the technical committee, international jury or race committee. The written permission of the technical committee, international jury or race committee shall

be applied for before the end of Protest Time at the end of the day in which the substitution takes place.

6. FORMAT OF RACING

The Laser Class is divided in Standard, Laser Radial and Laser 4.7 fleets and each fleet will have separate starts.

7. SCHEDULE OF RACES

- 7.1 The scheduled time for the first warning signal for the first race of the first day is 11:00 .
- 7.2 On the last day, no more than 2 races may be scheduled and no warning signal for any fleet will be made after 15:00.

8. CLASS FLAGS

Laser Standard: Flag «D»
Laser Radial: Flag «E»
Laser 4.7: Flag "F"

9. RACING AREAS

- 9.1. The approximate Racing area will be displayed on the official notice board / Appendix 1

10. THE COURSES

- 10.1. The SI Addendum A shows the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 10.2. Before the warning signal for each fleet, the race committee will display course signals.
- 10.3. The course may be shortened to finish at any mark provided that 3 or more legs will have been sailed
- 10.4. Marks will be described in the SI Addendum A.

11. THE START

11.1. Starting line

- 11.1.a. The starting line will be between a staff displaying a large yellow flag on the race committee vessel and a yellow flag on a buoy
- 11.1.b. [DP] A buoy may be attached to the race committee starting vessel ground tackle. Boats shall not pass between this buoy and the race committee starting vessel at any time.
- 11.1.c. [DP] Boats whose warning signal has not been made shall sail at least 50 meters away from and to leeward of the starting line during the starting sequence for other races.
- 11.1.d. A boat starting later than 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS A.4 and A.5.

11.2. Starting timing

- 11.2.a. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before any other procedure.
- 11.2.b. Races will be started as follows, according to RRS 26

Time before start	Signal	Sound signal
5 minutes	Warning	1 sound
4 minutes	Preparatory (P, U or Black flag)	1 sound
1 minute	1 minute prep down	1 sound
0 minutes	Start	1 sound

11.2.c. Starting under Black Flag Rule

RRS 30.4 is altered adding the follows: sail numbers will be displayed for at least 3 minutes. A long sound signal will be made when the numbers are initially displayed.

12. CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1.** When it is not possible to change the position of the original marks, the course may be reset using one or more new marks. When new marks are already in use, the course may be reset using original marks.
- 12.2.** At all marks, boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.1.

13. THE FINISH

The finishing line will be between a blue flag on the committee vessel and the finishing mark described in the SI Addendum A (bouy with blue flag).

14. TIME LIMITS AND TARGET TIMES

- 14.1.** The length of the course will be set for a target time of 50 minutes. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 14.2.** Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A.4 and A.5.

15. PENALTY SYSTEM

- 15.1.** RRS Appendix P will apply with the following changes:
- 15.1.a.** If a first penalty is signalled after she has finished, a boat may take the penalty or accept a scoring penalty of 10% of entries without a hearing this change RRS A4 and A5 [SP].
- 15.1.b.** A boat that has either retired from or been disqualified in a race for a breach of RRS 42 shall not compete in that race if it is restarted or resailed. For the purposes of this instruction a race is 'restarted or resailed' when it has the same race number as a previously abandoned or recalled race, even if the race is resailed on a later date, or is resailed as part of a final series instead of a qualifying series. If she competes in that race, she shall be disqualified without a hearing and that score shall not be excluded (DNE) and the jury will consider calling a hearing under RRS 69.1(a). This does not apply when the disqualification is the result of the boat's first penalty and she was not informed of the disqualification prior to the restart or resail. This changes RRS 36 and P3. This means: see table
- 15.1.c.** RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one

Yellow Flag	Immediate penalty action by boat	After a general recall or a postponement or an abandonment	No action by boat	After a general recall or a postponement or an abandonment
1st	Two turns / 10% (SI 15.1(a))	Can restart	DSQ	Shall not restart if notified of the DSQ.
2nd	Retire (RET)	Shall not restart	DNE	Shall not restart

15.2. Measurement Penalties [NP]

- 15.2.a.** [NP] Measurement protests will only be accepted from technical committee, race committee or jury.
- 15.2.b.** If a boat is sailed without a centreboard stopper, or with no mast retention line attached (class rule 3(b) xi), a scoring penalty of 20 points will, without a hearing, be added to the boats score in the last completed race in which she was racing without a centreboard stopper or the retention line. However, she shall not be scored worse than DSQ. This changes RRS 63.1. [SP]
- 15.2.c.** If a sail, top mast, or bottom mast has been changed prior to a race without the permission required by SI 5.2 the sailor will be disqualified without a hearing from the last completed race when the change was used. This changes RRS 63.1.
- 15.2.d.** For any other measurement protest, the jury may apply an alternative penalty to disqualification [DP].

15.3. Scoring and arbitration penalties

- 15.3.a.** Scoring penalties will be applied according to RRS 44.3c
- 15.3.b.** The scoring abbreviation for an arbitration penalty is [ARB].
- 15.3.c.** A scoring penalty in a split fleet will be based on the number of competitors in the largest group.

15.4. Whistle system

In order to encourage boats to take penalties afloat, jury members may blow a whistle when they see what they believe to be a breach of a rule. If no boat takes a penalty, the international jury may lodge a protest.

16. PROTESTS AND REQUEST FOR REDRESS

- 16.1.** The Jury Office is located in the Club house with the official notice board. The official jury notice board will be a dedicated section of the official notice board.
- 16.2.** Protest forms are available at the race office and or Jury Office. Protests shall be delivered at the Race Office within the protest time which will begin as soon as practicable after the finish of the last boat in each fleet. The protest time limit will daily be decided and posted on the official notice board and may be different for each fleet. This change RRS61.3
Protest hearings will be held in the Jury office.
- 16.3.** Notices will be posted on official jury notice board no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 16.4.** Notices of protests by the international jury or race committee or technical committee will be posted on official jury notice board to inform boats under RRS 61.1(b).
- 16.5.** A list of boats that have been penalized under Appendix P will be posted on the official notice board.

16.6. Breaches of sailing instructions 11.1.b, 19, 21, 22, 23 and 24 shall not be grounds for a protest by a boat. This changes RRS 60.1(a). For these breaches the international jury may apply a penalty less than disqualification. **[DP]**

16.7. On the last scheduled day of racing or of the qualifying series, (if applied) RRS 66 apply (30 minutes)
On the last scheduled day of racing (or of the qualifying series, if applied) a request for redress from a jury decision shall not be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

16.8. Decisions of the international jury will be final as provided in RRS 70.5

16.9. **[DP]** the notation '**[DP]**' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification. (Penalties for breaches of class rules, or rules in the NoR or Sis)

16.10. **[NP]** denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a)

16.11. **[SP]** denotes a rule for which a standard penalty may be applied by the race committee technical committee without a hearing or a discretionary penalty applied by the international jury with a hearing;

A list of these breaches and the associated standard penalties will be posted on the Official Notice Board. However, the race committee / technical committee may protest a boat when they consider the standard penalty to be inappropriate. This changes RRS 63.1 and RRS Appendix A5.

17. ARBITRATION SYSTEM

Appendix T RRS 2017-20 will apply

18. **[DP]** EQUIPMENTS AND MEASUREMENT CHECKS

A boat and equipment may be inspected at any time for compliance with the class rules, as wet clothing rules at the discretion of the technical committee, race committee or international jury.

19. **[DP]** **[NP]** SAFETY REGULATIONS

19.1. The race committee will protest a boat for a breach of these safety regulations.

19.2. All sailing to and from the race area shall follow route and instructions as described in Appendix 2.

19.3. Competitors shall wear personal flotation devices at all times when afloat, except briefly while changing or adjusting clothing or personal equipment.

19.4. Competitors who require assistance from rescue boats should wave one arm with hand open. If no assistance is required, the arm should be waved with fist closed.

19.5. If considered necessary, a competitor may be ordered by a race organisation boat to abandon his or her boat and board a rescue vessel.

19.6. A boat that retires from a race shall notify the race committee as soon as possible. The boat shall complete a retirement declaration form at the regatta office on return ashore.

A boat shall not leave the race area without assistance from support boat or safety boat.

19.7. International code Flag "V" : when race committee boats displayed ICF "V", all team and support boats shall coincide with safety leader of the racing area

19.8. Boats shall avoid commercial traffic and shall cross shipping channels at right angles only.

19.9. CHECK out / in

Should be done by the sailor (in person) signing the competitors list at the official notice board

19.10. The race office telephone number is: +47 45261799 (Marit Hagland)

19.11. Standard penalty breach on safety regulations will be a percent penalty up to 20% calculated as described in RRS 44.3c. If the boat given such penalty is scored DSQ, DND, DPI, OCS, ZFP, UDF or BDF in the race of which penalty is to be given. The jury will give the penalty on the race closest in time to when the breach occurred. The penalty will be given without hearing, based on report from safety leader This changes RRS 63.1

20. SCORING

20.1 When less than 4 races have been completed, a boat's regatta score will be the total of her race scores.

20.2 When 4 or more races have been completed, a boat's regatta score will be the total of her race scores excluding her worst score.

21. **[DP]** ACCREDITED TEAM AND SUPPORT PERSONS/ VESSELS

Accredited vessels are the vessels having filled the accreditation form at the race office. They are the only vessels authorized to go afloat and approach sailing area and sailors. Team and support vessels shall, at all times when afloat, be clearly identified by the country name, national letters or national flag of the team they represent.

21.1. Excluded area

during the period between the first warning signal of the first fleet in a race and the finish of the last boat in the last fleet in that race:

- do not cross the racing area defined by the course diagram
- do not stay closer than 50 m to any sailing boat and from any point defining the starting line (when yellow flag up) and finish line (when blue flag up)

21.2. Exceptions to S.I. 21.1:

- a) when a postponement is signalled, in which case they may stay in the racing area till the first signal displayed after the end of the postponement;
- b) this instruction will not apply to rescue operations

21.3. Accomplishments

If an accredited boat does not comply with this instruction, or its crew has an incorrect behaviour, the accreditation may be suspended, cancelled, and/ or no more issued in next Europa Cup of the series. That decision may be made by the Jury with the Eurilca Representative.

22. INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover per event as stated in the NOR.

23. LIABILITY

The host sailing club, the National Authority and the International Laser Class Association, their officers, members and volunteers do not accept liability for loss of life or property, personal injury or damage caused by or arising out of the Europa Cup Trophy Regattas and competitors take part in the Regattas entirely at their own risk. The establishment of the Notice of Race and the Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of a competitor being solely and entirely responsible for the management of a boat he or she is sailing. A competitor must be of good health and a competent sailor capable of sailing a Laser in strong winds. It is the responsibility of each sailor to decide to participate in a race or to continue racing.

24. RIGHTS TO USE NAME AND LIKENESS

By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation for the purpose of news reporting, regatta documentary, advertising to promote the regatta, the national or the international class association or sailing, and advertising where the above pictures/video recordings/etc. are

shown in the context of sailors/participants competing in a Laser Europa Cup Trophy Regattas.

Addendum A – Laser Europa Cup

1. COMPETITION FORMAT

- 1.1. Where a Laser fleet is bigger than 80 boats, (or close to 80 at discretion of the Race Committee) it can be split into groups.
- 1.2. The organising authority will divide the boats in the split fleet(s) into groups of, as nearly as possible, equal size.
 - 1.2.a. When in a fleet there is a presence of at least 40 girls or ladies group can be constituted,
 - 1.2.b. Each appropriate Fleet will be split into 2 groups called Yellow and Blue or in 3 groups called Yellow, Blue and Red; or in 4 groups with the green group.
 - 1.2.c. Boats will be possibly reassigned to groups each day after racing based on the overall available results.
- 1.3. The notice of groups will be posted on the official notice board as soon as possible before the first race of the day. The starting signal will be made no earlier than 60 minutes after the time of the posted notice.
- 1.4. If all groups of a split fleet have not completed the same number of races by the end of a day, the groups with fewer races will continue racing the following day until all groups have completed the same number of races.
- 1.5. If at the end of the regatta some groups of a split fleet have more race scores than others, scores for the most recent race(s) will be excluded so that all groups of that fleet have the same number of race scores. That S.I. will be applied also at the last day to define the groups for finals, see next S.I.
- 1.6. When at least 4 races were sailed for all groups, the last day the fleet will be divided in Gold and Silver fleets (and bronze and emerald if in case) and raced in "finals" format. See NOR 6.3. Different final-series groups need not have completed the same number of race.

2. GROUPS IDENTIFICATION

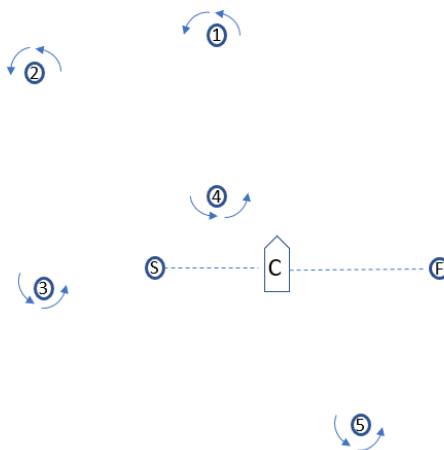
- 2.1. If a fleet is split into groups, the class flag for each group will be the class flag with a coloured flag corresponding to the group colour.
- 2.2. If a fleet is split into groups, each competitor in that fleet will be issued with a coloured band corresponding to the allocated group. The band shall be placed around the lower mast between the gooseneck and boom vang fitting.
- 2.3. In case of finals both flags and coloured bands / Flag will be as per gold=yellow; silver=blue; and bronze=red; emerald=green.

3. OFFICIAL BOATS

Official boats will be marked as follows:

Race Committee	With orange flag
Jury	With flag „Jury“
Safety Leader	With green flag
Safety boats	With white flag
Media / Press	With flag „Press“
TV operation	With flag „TV“

4. COURSE DIAGRAM



Addendum A 4.1 COURSES

Course 1 Outer Loop: I.C. Numeral pennant 1 displayed.
Start – 1 – 2 – 3 – 2 – 3 – 5 – Finish

Course 2 Inner Loop: I.C. Numeral pennant 2 displayed.
Start – 1 – 4 – 1 – 2 – 3 – 5 – Finish

Course 3: I.C. Numeral pennant 3 displayed.
Start – 1 – 2 – 3 – 5 – Finish

Marks 1-5 will be yellow cylinder bouys
Mark S will be buoy with yellow flag on a pole
Mark F will be buoy with blue flag on a pole

5. [DP] TRASH DISPOSAL

RRS 55 applies. Trash may be placed aboard support and race committee vessels.

6. [DP] ADVERTISING

- 6.1. Regulation WS 20 will be applied.
- 6.2. Boats shall display advertising supplied by the organizing authority if applicable. Details shall be specified as follows:

7. PRIZES

- 7.1. Prizes are stated by the NOR 13.1.
- 7.2. Prizes will be assigned also if only one race will be sailed. In case of ties the prize will be raffled.
- 7.3. Additional prizes may be introduced.

8. EVENTUAL FORBIDDEN AREAS

- 8.1. Peculiar obstructions and forbidden areas will be displayed on the notice board

9. EVENTUAL LOCAL RECOMMENDATIONS

- 9.1. Peculiar local recommendations will be displayed on the notice board.

10. [DP] RADIO COMMUNICATION

- 10.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except in an emergency or when using equipment provided by the race committee.
- 10.2 Race committee will use VHF channel 72 for the Laser race area

Race committees: Tordis Stangeland
Jury Chair: Jean-Luc Michon
Race Organization: Henrik Wigters Larsen

APPENDIX 1 sailing instructions Europa Cup Laser "Racing Areas"



APPENDIX 2 sailing instructions

Europa Cup Laser “Routs to race areas”

Stavanger Seilforening is located in a harbor with commercial traffic. It is therefore strictly forbidden for competitors, coaches and support boats to sail underneath the main bridge (Bybrua). The passage underneath the Engøy bridge **shall** be used when sailing to and from the race area.

A speed limit of 5 knots applies in the harbor area and in Vassøysundet.

